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**Afya Halisi**



# Gender Analysis of Health Attitudes and Behaviors: Focus Group Guide for Community Health Volunteers

Date:	Name of Facilitator:
Locality:	Name of Note-taker:
Sub-county:	Participant category: CHVs
County:	# male:                      #female:

## Facilitator notes:

- Before beginning, the facilitator should get signed consent forms from everyone who will be participating.
- When the group is assembled, before the discussion begins, the facilitator should tell the group: Hello everyone. Thank you for taking the time to speak with us today. My name is \_\_\_\_\_ and I work with the Afya Halisi project. I wanted to take some time to talk to you today about your experience as a CHV, and your thoughts about FP and RMNCAH in your community. My colleague, \_\_\_\_\_ is here to assist me by taking notes. Your participation in today's discussion is voluntary. You can choose to leave at any time. You will not lose any benefits if you do not participate. You will also not gain any additional benefits if you do participate. Everything we discuss here is confidential. Nothing that you say will be linked to your name. We will be looking at the responses of the group as a whole, not the responses of specific individuals. The discussion should take no more than 2 hours. Before we begin, do you have any questions?
- Respond to all questions, then ask, Would you all like to continue?
- Excuse anyone who does not wish to continue, and then begin the discussion.

## I. CHV experience

1. Why did you decide to become a CHV?
2. What are your main roles as a CHV in this community?
3. In your work as a CHV, who do you normally interact with in the household? (Probe for adult men, adult women, young men, young women, children, elderly) For those people who you don't normally interact with, what do you think are the reasons for this?

## II. Community experiences

1. What are the main health issues facing adult women in this community? Why do you think this is?
2. What are the main health issues facing adult men in this community? Why do you think this is?
3. What are the main health issues facing adolescent girls and young women in this community? Why do you think this is?
4. What are the main health issues facing adolescent boys and young men in this community? Why do you think this is?

5. What do you think are the main nutrition and WASH-related issues facing families in the community?
6. Let's think about young women and young men. Do you think many of them are sexually active before they are married? What do you think makes them decide to be sexually active or not? Are the reasons different for young women and young men?
7. Are young unmarried men likely to use FP in this community? Why or why not?
8. Are young unmarried women likely to use FP in this community? Why or why not?
9. Are married couples likely to use FP to delay their first child or space their births? Why or why not?
10. Are the women and men in your community likely to go to the health facility for services? Why or why not?
11. What would someone do if she went to the health facility for services, and she were not satisfied with the service (for example, because she felt the provider was not respectful)?

### **III. Community structures and influencers**

1. Who decides:
  - whether or not a woman is going to deliver her baby in a health facility?
  - whether or not a woman uses family planning?
  - If a mother will exclusively breastfeed her baby?
  - What children will eat?
2. Outside of the household, who are the biggest influencers with regard to FP/RMCAH behaviors? Do the same people influence the behavior of women as influence the behavior of men? Who in the community has the biggest influence over adolescent health behaviors?
3. What types of groups do women belong to in the community that can help them make positive FP/RMNCAH choices? How do these groups help?
4. What types of groups do men belong to in the community that can help them make positive FP/RMNCAH choices? How do these groups help?
5. What types of groups do adolescents belong to in the community that can help them make positive FP/RMNCAH choices? How do these groups help?
6. Is there anything else you would like to tell me?

#### **Facilitator notes:**

- After the last question has been asked, tell the participants: We have now come to the end of our discussion. Before we close, does anyone have any final questions for me?
- Answer the remaining questions, then thank respondents for their time.
- Let participants know if there is anything else they need to do to receive travel reimbursement or other administrative actions.